



Tooele Technical College

88 S Tooele Blvd, Tooele, UT 84074

435-248-1800

| Certificate Syllabus | | Certified Nursing Assistant |
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| Certificate (Catalog Year: 2020) | | |
| Tooele Tech Core (128 hours required) | | Hours |
| <i>Certified Nursing Assistant (128 hours required)</i> | | <i>Hours</i> |
| Unit 1: Orientation (NAHA2020) | | 8.00 |
| <i>Introduction to Health Care Organizations (1)</i> | | 1.00 |
| <i>Health Care and Nursing Teams (2)</i> | | 1.50 |
| <i>Requirements of the CNA (3)</i> | | 1.50 |
| <i>Employability (4)</i> | | 1.50 |
| <i>Ethical and Legal Practices (5)</i> | | 1.50 |
| <i>Patient and Residential Bill of Rights (6)</i> | | 1.00 |
| Unit 2: Basic Safety/Emergencies (NAHA2021) | | 8.00 |
| <i>General Safety Measures (1)</i> | | 1.50 |
| <i>Fire Safety (2)</i> | | 0.50 |
| <i>Potential Hazards (3)</i> | | 1.00 |
| <i>Choking (4)</i> | | 1.00 |
| <i>Life-threatening and non-threatening emergencies (5)</i> | | 1.50 |
| <i>Beginning and ending procedures (6)</i> | | 1.50 |
| <i>Restraints and Alternatives (7)</i> | | 1.00 |
| Unit 3: Basic Human Needs (NAHA2022) | | 4.50 |
| <i>Maslow (1)</i> | | 0.50 |
| <i>Common Needs (2)</i> | | 0.50 |
| <i>Culture (3)</i> | | 1.00 |
| <i>Special needs of the elderly (4)</i> | | 1.00 |
| <i>Sexuality (5)</i> | | 0.50 |
| <i>Developmental and Cognitive Disabilities (6)</i> | | 1.00 |
| Unit 4: Communication (NAHA2023) | | 7.50 |
| <i>Communication (1)</i> | | 1.00 |
| <i>Militray time (2)</i> | | 0.50 |
| <i>Gathering Information (3)</i> | | 1.00 |
| <i>Subjective vs Objective Information (4)</i> | | 0.50 |
| <i>Reporting (5)</i> | | 1.00 |
| <i>Guidelines (6)</i> | | 0.50 |
| <i>Telephone Communication (7)</i> | | 0.50 |
| <i>Conflict Communication Techniques (8)</i> | | 1.00 |
| <i>Hearing and Visual Impairment (9)</i> | | 1.50 |

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| Unit 5: Infection Control (NAHA2024) | 11.50 |
| <i>Microorganisms and Infections (1)</i> | 1.50 |
| <i>How Microorganisms Are Spread (2)</i> | 1.00 |
| <i>Prevention of Infection (3)</i> | 1.50 |
| <i>Signs and Symptoms of Infection (4)</i> | 0.50 |
| <i>The Body's Defense Against Infection (5)</i> | 0.50 |
| <i>Standard Precautions (6)</i> | 1.50 |
| <i>Transmission-Based Precautions (7)</i> | 1.50 |
| <i>Reverse Isolation (8)</i> | 0.50 |
| <i>Principles of Asepsis (9)</i> | 1.00 |
| <i>Personal and environmental measures (10)</i> | 1.00 |
| <i>OSHA & Bloodborne Pathogen Standard (11)</i> | 1.00 |
| Unit 6: Measuring Vital Signs (NAHA2025) | 14.50 |
| <i>Cardiovascular System (1)</i> | 1.50 |
| <i>Respiratory System (2)</i> | 1.00 |
| <i>Introduction to Vital Signs (3)</i> | 0.50 |
| <i>Temperature (4)</i> | 1.50 |
| <i>Pulse (5)</i> | 1.50 |
| <i>Respirations (6)</i> | 1.50 |
| <i>Blood Pressure (7)</i> | 2.00 |
| <i>Pain (8)</i> | 0.50 |
| <i>Heat and Cold (9)</i> | 0.50 |
| <i>Role of the CNA in Oxygen Use (10)</i> | 1.00 |
| <i>Nasal Cannula & Simple Face Mask (11)</i> | 1.00 |
| <i>Height and Weight (12)</i> | 2.00 |
| Unit 7: Body Mechanics/Ergonomics and Assisting the Patient with Mobility (NAHA2026) | 10.00 |
| <i>Musculoskeletal System (1)</i> | 0.50 |
| <i>Body Mechanics/Ergonomics (2)</i> | 0.50 |
| <i>Disability and Prosthetics (3)</i> | 0.50 |
| <i>CNA Responsibility for Promoting Independence (4)</i> | 0.50 |
| <i>Positioning Residents (5)</i> | 1.50 |
| <i>Prevention of the Complications of Immobility (6)</i> | 1.50 |
| <i>Transfers (7)</i> | 1.50 |
| <i>Assisting with Ambulation (8)</i> | 1.50 |
| <i>Anti-embolism Stockings (9)</i> | 1.00 |
| <i>Rehabilitation and Restorative Care (10)</i> | 0.50 |
| <i>Comfort, Rest, and Sleep (11)</i> | 0.50 |
| Unit 8: The Patient's/Resident's Environment (NAHA2027) | 5.00 |
| <i>Provide for Resident Safety, Comfort, and Cleanliness (1)</i> | 1.50 |
| <i>Call Lights (2)</i> | 0.50 |
| <i>Furniture/Equipment (3)</i> | 0.50 |
| <i>Bed Making (4)</i> | 1.50 |
| <i>Linen Handling (5)</i> | 0.50 |
| <i>Admitting, Discharging, and Transferring the Patient/Resident (6)</i> | 0.50 |

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| Unit 9: Hygiene and Grooming (NAHA2028) | 7.50 |
| <i>Integumentary System (1)</i> | 0.50 |
| <i>General Principles of Hygiene and Grooming (2)</i> | 1.00 |
| <i>Bathing (3)</i> | 1.50 |
| <i>Skin Care (4)</i> | 1.00 |
| <i>Oral Care (5)</i> | 1.50 |
| <i>Personal Grooming (6)</i> | 2.00 |
| Unit 10: Nutrition (NAHA2029) | 7.50 |
| <i>Digestive System (1)</i> | 0.50 |
| <i>Endocrine System (2)</i> | 0.50 |
| <i>MyPlate (3)</i> | 1.50 |
| <i>Safe Feeding of Residents (4)</i> | 1.00 |
| <i>How Diets Are Chosen (5)</i> | 1.50 |
| <i>Alternative Feedings (6)</i> | 0.50 |
| <i>Meal Percentages (7)</i> | 1.00 |
| <i>Intake and Output (8)</i> | 1.00 |
| Unit 11: Elimination (NAHA2030) | 8.50 |
| <i>Urinary System (1)</i> | 0.50 |
| <i>Assisting with Toileting (2)</i> | 2.50 |
| <i>Elimination in Bed (3)</i> | 1.50 |
| <i>Assisting With The Use of a Commode Chair (4)</i> | 0.50 |
| <i>Measuring and Documenting Output (5)</i> | 0.50 |
| <i>Elimination Considerations (6)</i> | 0.25 |
| <i>Urinary Tract Infection (7)</i> | 0.25 |
| <i>Ostomy Care (8)</i> | 1.00 |
| <i>Bowel Care (9)</i> | 0.50 |
| <i>Cleaning of Equipment (10)</i> | 0.25 |
| <i>Incontinence (11)</i> | 0.50 |
| <i>Diarrhea (12)</i> | 0.25 |
| Unit 12: End of Life Care (NAHA2031) | 5.00 |
| <i>Advance Directives (1)</i> | 0.50 |
| <i>Stages of Grief Process (2)</i> | 1.00 |
| <i>Emotional Needs of the Patient and Family (3)</i> | 0.50 |
| <i>Death and Dying (4)</i> | 1.50 |
| <i>Religious, Cultural, and Spiritual Backgrounds (5)</i> | 0.50 |
| <i>Postmortem Care (6)</i> | 1.00 |
| Unit 13: Cognitive Impairment and Mental Illness (NAHA2032) | 6.50 |
| <i>Neurologic System (1)</i> | 0.50 |
| <i>Modifying Care for Cognitively Altered and Mentally Ill Residents (2)</i> | 0.50 |
| <i>Dealing with Combative or Hostile Behavior (3)</i> | 1.00 |
| <i>Role of Social Services (4)</i> | 0.50 |
| <i>Mental Illness (5)</i> | 2.00 |
| <i>Confusion and Dementia (6)</i> | 2.00 |
| Clinicals (NAHA2033) | 24.00 |

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| <i>Clinicals (1 of 6) (1)</i> | 4.00 |
| <i>Clinicals (2 of 6) (2)</i> | 4.00 |
| <i>Clinicals (3 of 6) (3)</i> | 4.00 |
| <i>Clinicals (4 of 6) (4)</i> | 4.00 |
| <i>Clinicals (5 of 6) (5)</i> | 4.00 |
| <i>Clinicals (6 of 6) (6)</i> | 4.00 |